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Mensante Web Based Tool Helps Employees and their Doctors with Early Detection of Mental Health Problems

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Mensante Corporation is marketing an innovative web-based mental health care application called [FeelingBetterNow™.com](http://FeelingBetterNow.com) (FBN) to businesses and insurers that assists with the early diagnosis and management of challenging mental health problems. The first medically based web site of this kind, the FBN will tell employees if they are at high risk of developing a number of common mental disorders including depression, anxiety and alcoholism.

Designed by leading Canadian and American psychiatrists, FBN allows employees to anonymously complete questionnaires on-line. The questionnaires are then processed by a Web based software program that generates printable Diagnostic Risk and Care Maps for common mental disorders. These "maps" can then be shared with the employee's family physician to guide and assist in diagnosis, treatment and follow up of these disorders.

"There is considerable excitement in the corporate world and insurance industry about FBN", says Dr. William Gnam, a Harvard trained economist and psychiatrist specializing in the economics of health care delivery and a member of Mensante's Clinical Advisory Board. "With a substantial percentage of corporate profits being lost due to mental disorders, any intervention that substantially improves the mental health of the workforce will improve bottom line results. In a knowledge base economy preserving valuable human capital is the key to business success."

Some corporations are already responding to this mental health need, recognizing the economic benefits of having psychologically healthy employees. Dofasco Inc., a steel company known for their innovation and best employer practices will be initially offering **FBN** to their medical department with plans to provide employee access over time. "The **FBN** system is aligned with Dofasco's corporate philosophy of maximizing the mental and physical health of the work force, and as such Dofasco looks forward to using it in that capacity." says Brian Mullen, Director of Human Resources at Dofasco.

The up-to-date clinical information available on **FBN** web site dramatically shortens the time today's overworked family doctors require to assess and manage mental health issues. "The problem is that we do not have sufficient physician resources and time to deploy our effective treatments and diagnostic methods. Unfortunately many mental disorders go undetected and untreated... **FBN** will multiply the capacity of the resources we do have", says Dr. Sid Kennedy, psychiatrist-in-chief of the University Health Network and immediate Past President of the Canadian College of Neuropsychopharmacology. Dr. Kennedy is also a member of Mensante's clinical advisory board.

Dr. Elliot Halparin, a family practitioner and a former President of the Ontario Medical Association concurs: "I have tested the system. I believe that **FBN** will significantly improve the ability and capacity of front-line family practitioners to deliver consistent high quality mental health care to their patients."

FeelingBetterNow.com™ is a comprehensive tool kit shared by the patient and the doctor that dramatically improves clinical outcomes while simultaneously improving the efficiency of family practitioners", says Dr. Sam Ozersky, founder and CEO of Mensante and a staff psychiatrist with the Mood Disorder Psychopharmacology Unit at the University Health Network. "The FeelingBetterNow system is also a flexible tool that can be customized to meet the needs of various groups including private and public sector employers, insurers, member associations and EAP programs."

For more information on this innovative mental health application please contact Dr. Sam Ozersky or Mr. David Coop of Mensante Corporation at 416 928-9195 or e-mail info@mensante.com.